



GOVERNMENT OF INDIA
MINISTRY OF LABOUR & EMPLOYMENT,
CENTRAL LABOUR INSTITUTE, MUMBAI
(STAFF TRAINING & PRODUCTIVITY DIVISION)

**Personal Growth and Group Dynamics for
improving Occupational Safety and Health of
workers from 17th to 19th March 2025**

INTRODUCTION

Occupational safety and health (OSH) plays a crucial role for creating a productive and positive work environment. While traditional approaches to OSH often focuses on equipment, procedures, and regulations, recent studies have shown that personal growth and group dynamics play an equally vital role in enhancing workplace safety. By fostering individual awareness, emotional intelligence, effective communication, and cohesive group behavior, organizations can build a culture that naturally supports safety and health.

Personal Growth involves the continuous development of self-awareness, emotional regulation, and interpersonal skills. When workers engage in personal growth, they become more attuned to their own attitudes, behaviors and emotions which directly impact their ability to perceive risks and make sound safety decisions.

Group Dynamics refer to the patterns of interaction, communication, and relationships within a team or organization. A strong understanding of group dynamics helps create a cohesive team environment where safety is a shared priority.

To improve occupational safety and health, organizations should integrate personal growth initiatives with group dynamics strategies. Improving occupational safety and health requires more than just following rules and regulations; it demands a holistic approach that combines personal growth with effective group dynamics.

PROGRAMME HIGHLIGHTS

- Role of Trade Union Leaders in Promoting Safety and Health at work
- Occupational health hazards – Effects of harmful agents & their early detection
- Behavior Based Safety
- Structure and functions of Safety Committee
- Group problem solving and conflict resolution
- National Policy on Safety Health & Environment at workplace
- Effective Communication and inter-personal relations
- Motivation for Occupational Safety &Health

METHOD

Lecture, Group discussion, Case study, Role-play, Demonstration and Exercises and Audio-visuals, etc

FACULTY

Experts from CLI Mumbai and Guest Faculties from Industries/ Premium Institutes

LEVEL OF PARTICIPATION

The participation in the programme is open to the Safety Managers, Safety Committee Members, Safety Officers, Factory Medicals Officers and Representatives of the Production, Maintenance, Purchase and Personnel Departments and Workers Representatives (union leaders). Besides, anyone interested may also join.

DATE AND TIMINGS

3-Days: 17th to 19th March 2025 from 1000 to 1700_hrs

VENUE

Training Hall of Central Labour Institute, Main Building, Sion, Mumbai - 400 022

ADMINISTRATIVE DETAILS

1. INSTITUTE FEES: Rs.5000/- (Rupees Five thousand only) per participant is payable through bharatkosh portal.

2. NOMINATION & REGISTRATION: Intended participants can express their interest by sending email to the programme coordinator mentioning their Name, Organization name & Location, Age, Gender, Highest Educational Qualification, & Designation **on or before 14th March 2025**. Provisional confirmation will be sent to the selected participants by the programme coordinator only. Thereafter, participants will have to deposit the institution fee @ Rs 5000/- (Rs. Five Thousand only) per participant through Bharatkosh portal (<https://bharatkosh.gov.in>) and email the duly filled registration form along with receipt of Bharatkosh Payment. Details for making online payment are as follows:

- ❖ Login to <https://bharatkosh.gov.in>
- ❖ Quick Payment
- ❖ Ministry: 021 Labour & Employment
- ❖ Purpose: Training Fee or course fee of the workshop conducted
- ❖ Pay & Account Office (PAO): 030263 - PAO (DGFASLI), Mumbai
- ❖ DDO Code : 230265 (Central Labour Institute, Mumbai)

Remarks: “PG&GD”

3. ACCOMMODATION: Presently not available owing to renovation work.

4. PROGRAMME COORDINATOR:

Narayanan R, Assistant Director (ST&P)

Staff Training & Productivity Division

Mobile No. **9581529442**

E-mail: narayanan.10@dgfasli.nic.in

Website : www.dgfasli.gov.in

NOMINATION-CUM-REGISTRATION FORM

**Training Programme on
“Personal Growth & Group Dynamics for improving Safety & Health of workers”
From 17th to 19th March 2025 at
CENTRAL LABOUR INSTITUTE, SION, MUMBAI – 400 022**

PARTICIPANT’S DETAILS

Name (Block Letters) :

Designation :

Address for Communication :

Age :

Qualification :

Total Experience :

Mobile No. :

DETAILS OF SPONSORING ORGANIZATION

Name & Address :

Telephone No. / Mobile No. :

E-mail :

Fax No. :

Accommodation : Required / Not Required

PAYMENT DETAILS

(Bharatkosh receipt number) :

BELONGS TO: - :

(GEN / SC/ ST / OBC / PH / NER*)

*=North Eastern Region

Signature